



# Arts & Crafts



**Do you enjoy creative activities and meeting up with new people? If so our new Friday Arts and Crafts course is for you!**

You will develop skills in a range of creative activities including marbling, mosaics and up-cycling, to make items for sale at a local market.

Our Arts and Crafts course is **FREE** for adults aged 19+ with learning difficulties / disabilities, autism and mental health difficulties.

We provide a safe, friendly and supportive environment which supports people's individual needs and encourages personal growth through engagement with meaningful and fun activities.

The course will run for 10 weeks on Fridays from **Friday 12<sup>th</sup> January 2018 from 9am until 3pm** at our premises on Newnham Street, Bedford.

To find out more contact Sophie:

**T: 01234 480980 E: [sophie@youthinspired.org.uk](mailto:sophie@youthinspired.org.uk)**



**European Union**

European  
Social Fund



Education & Skills  
Funding Agency



**Address:** 1 Newnham Street, Bedford, MK40 3JR  
**Email:** [sophie@youthinspired.org.uk](mailto:sophie@youthinspired.org.uk)  
**Telephone:** 01234 480980

Part of the Youth Inspired family

**youthinspired**  
striving to fulfil potential